



Onsernone Valley

DISCOVERING WILD HERBS

Every Thursday or on demand from the 12nd March to the 24th September
Time: 10am-2.30pm
Walk in and around Loco to discover seasonal wild herbs and their use.
50.- p.p., incl. lunch | Max. nr. of participants: 6
Booking no later than 5pm on Wednesday
Manuela Treppens - 6661 Loco - 077 446 25 16
info@monte-anima.com - www.monte-anima.com

STRAW SEWING

On demand from the 4th April to the 27th October
Duration: approx. 20 min.
In Berzona, some artisans bring back to life the ancient art of straw manufacturing and offer a demonstration of machine stitching.
The demonstration is free | Max. nr. of participants: 25 | Pagliarte - 6661 Berzona - 091 797 17 06
pagliarte@hotmail.com - www.pagliarte.ch

THE TERRACED VINEYARDS OF LOCO

Every Thursday or on demand from the 28th May to the 22nd October | Time: 4-5.30pm
Visit the ancient pergola-trained vineyards of Loco and taste some biological wines.
25.- p.p., on demand: > 5 pers.: 250.-, > 16 pers.: 300.- per tour | Min. & max. nr. of participants: 2-25 | Booking no later than 1pm
Infopoint Onsernone Valley - 091 797 10 00
info@onsernone.ch - www.onsernone.ch

Dining in the dark with the senses on

Friday and Saturday 5.29/30, 6.12/13, 7.17/18, 8.21/22, 9.18/19, 10.23/24, 11.20/21, 12.11/12 | Time: 7pm
In the fascinating atmosphere of the Casa Schira in Loco, the dining in the dark on a special seasonal menu will ignite your senses. In the absence of light, blind guides will make you discover the pleasure of tasting, the sense of smell,

the importance of hearing and the touch perception.
65.- p.p., drinks not included | Min. & max. nr. of participants: 12-14
Booking no later than Monday
Thomas Lucas - 079 822 56 34
thomas.lucas@bluewin.ch
In cooperation with UNITAS - project "Il bosco nero" - Moscacieca, and the Federal Bureau for the Equality of People with Disabilities

Onsernone Museum: a museum spread over the territory

THE ONSERNONE MUSEUM OFFERS SEVERAL CULTURAL GUIDED TOURS TO THE DISCOVERY OF THE ONSERNONE VALLEY. ON DEMAND, IT IS ALSO POSSIBLE TO BOOK COMBINED VISITS. THESE OFFERS SUIT GROUPS AND SCHOOL VISITS.
Information and booking: Onsernone Museum - Coordinator: Marisa Losa - 6661 Loco - 079 337 34 22 - mus.onsernone@bluewin.ch
www.onsernone.ch

ONSERNONE ONCE AND TODAY CULTURAL WALKS

On demand | All year-round
The Onsernone Museum organizes guided excursions to explore the territories of the Onsernone Valley, its nature and its culture.
Program (date, duration, themes, destinations) and prices are to be arranged individually; guide price: 50.-/h (to be split among participants) | Min. & max. nr. of participants: 4-25

ONSERNONE ONCE AND TODAY THE MUSEUM NARRATES

On demand | All year-round
History, nature and culture of the Onsernone Valley by means of the permanent exhibition. (Re)discover one of the main characters of the literature of the second postwar period with the temporary exhibition: "Alfred Andersch, The utopia of freedom".
Ticket 3.- + 50.-/h for the guide (to be split among participants) | Min. & max. nr. of participants: 4-25

BERZONA ONCE AND TODAY

On demand | All year-round
A literary-historical journey through Berzona. Stories and history of Berzona and of Max Frisch, Alfred Andersch, Golo Mann and other artists of the 20th Century; narrated by C. Suter and G. P. Milani.
Program and prices are to be arranged individually; guide price: 50.-/h (to be split among participants) | Min. & max. nr. of participants: 4-25

COMOLOGNO ONCE AND TODAY

On demand from the 1st May to the 31st October
Comolengo surprises and charms with its unexpected treasures. M. Gnesa will have the pleasure to guide you through the village to the discovery of art, history, nature and landscape.
Program (date, time, duration) and prices are to be arranged individually; guide price: 50.-/h (to be split among participants) | Min. & max. nr. of participants: 4-25

VERGELETTO ONCE AND TODAY

On demand | All year-round
Vergeletto, the door of the pastures: an excursion to the discovery of the hidden secrets of the village talking about history, nutrition, tourist and agricultural vocation since the 20th Century to the present.
Program (date, time, duration) and prices are to be arranged individually; guide price: 50.-/h (to be split among participants) | Min. & max. nr. of participants: 4-25

GUIDED TOUR OF THE MILL OF LOCO

On demand | All year-round | During or after the opening hours of the mill
The miller of Loco presents and demonstrates the traditional water-powered mill, currently producing flour for polenta.
Ticket 2.- (+ 50.- for visits after the opening hours, to be split among participants) | Min. & max. nr. of participants: 5-30

THE FARINA BONA MILLS

Every Tuesday or on demand from the 23rd June to the 20th October | Time: 2-3.30pm
Discover the production of farina b6na in the mills in Vergeletto and enjoy a little tasting.
15.- p.p., incl. tasting and 1 farina b6na bag | Min. nr. of participants: 3 | Booking no later than 6pm on Monday | From the 1st July, every 15 days and on demand, it is possible to taste dishes made with farina b6na with L. Casetta



Rovana Valley

DISCOVERING BOSCO GURIN

Every Saturday of June, September & October or on demand for groups from the 5th April to the 31st October | Time: 11am-2.30pm
Visit the Walsler Village and its Museum!
Adults: 28.- p.p., children: 12.- p.p., incl. admission to the Museum & slice of cake (Osteria delle Alpi), on demand: < 10 pers.: 40.-, > 10 pers. 50.- per tour | Min. & max. nr. of participants: 2-25
Booking no later than 8pm on Thursday | Walslerhaus Museum - 6685 Bosco Gurin - 078 691 18 46 - museum@walslerhaus.ch - www.walslerhaus.ch

THE ROVANA VALLEY BY E-BIKE

Every Friday or on demand for groups (min. 5 pers.) from the 29th May to the 25th September
Time: 9.30am-4pm
The Rovana Valley by e-bike: from Linescio's terraces to the Walsler village of Bosco Gurin.
E-bike rental: 50.- p.p. + guide and information papers: 30.- p.p. | Min. & max. nr. of participants: 2-10 | Booking no later than 12pm on Thursday
Infopoint Vallemaggia - 091 760 76 76
infopointvm@bluewin.ch - www.infopointvm.ch

À la carte in the Park

MUSHROOMS MAGIC WORLD

The 6/21, 7/19, 8/30, 9/27, 10/18 | Duration: 6-8h
An educational trip to discover mycology and get to know mushrooms while gathering them in the woods of the upcoming Locarnese National Park.
40.- p.p. | Min. & max. nr. of participants: 3-8
Booking no later than 12pm on Thursday
Fausto Beretta - 6614 Brissago - 091 793 24 13
fausto.beretta@bluewin.ch

LAMA TREKKING

On demand | Every day, all year-round
Marisa and Jean-Pierre's llamas are waiting for you in Arcegno (in winter) and on Monte Comino (in summer) to take a walk and visit the farm.
Walk: adults: 40.- p.p., children: 35.- p.p.; Other activities: to be arranged | Min. & max. nr. of participants: to be arranged | Jean-Pierre Bäschiin
079 240 13 09 - g.baeschlin@bluewin.ch
www.lamatrekkingticino.ch

Getting around the Park

POSTBUS

Onsernone Valley (Route 324) & Rovana Valley (Route 331)
Info: PostBus Switzerland Ltd
Ticino Region - 6500 Bellinzona - 0840 852 852
ticino@autopostale.ch - www.postauto.ch

CENTOVALLINA - THE TRAIN OF THE PARK Terre di Pedemonte & Centovalli

Info: La Biglietteria FART - Piazza stazione 3
6600 Locarno - 091 751 87 31
labiglietteria@centovalli.ch - www.centovalli.ch
Opening hours: Mo-Fr: 8.15am-12.30pm, 1.30-6.30pm; Sa: 9am-12.30pm, 1.45-4.45pm

ALP TAXI

On demand | All year-round
Info: www.parcnazionale.ch
www.taxialpino.ch

E-BIKE FOR A RIDE IN THE PARK

On hire | All year-round
Agenzia Cento Rustici
6655 Intragna - 091 780 74 40
info@centorustici.ch
Organizzazione turistica Lago Maggiore e Valli
Desks of Ascona & Locarno;
Infopoint Vallemaggia
From the 3rd April to the 31st May (only weekend), from the 1st June to the 31st October | Opening hours: Tue-Sun: 9am-6pm
6676 Bignasco
091 760 76 76 - 079 639 03 97
infopointvm@bluewin.ch
www.infopointvm.ch

A PARK FOR EVERYONE: JOËLETTE

On hire from the 1st April to the 30th November
The joëlette helps people with disabilities to visit the Park.
Leading & safety training (1h30min.): 200.-; joëlette - daily rental: 50.-; electric joëlette daily rental: 75.- per vehicle | Fabio Bella
079 744 85 79 - fabiobella@bluewin.ch
Thomas Lucas - 079 822 56 34
thomas.lucas@bluewin.ch | Claudia Banfi
079 444 21 65 - claudia.banfi@bluewin.ch
PluSport guides are also available to lead people with disabilities to visit the Park

Infopoints

INFOPOINT CENTOVALLI & PEDEMONTE

From the 28th March to the 24th October
Opening hours: Mo: 9.30am-12.30pm, 2-5pm; Tue-Sa: 9.30am-12.30pm | Piazza Municipio
6655 Intragna - 091 780 75 00
centovalli.info@bluewin.ch - www.centovalli.net

INFOPOINT RONCO S/ASCONA

From the 15th February to the 31st December
Opening hours: Mo-Fr: 8am-12pm | Via Livurcio 4
6622 Ronco s/Ascona - 091 792 33 00
turismo@ronco-s-ascona.ch
www.ronco-s-ascona.ch

INFOPOINT ONSERNONE VALLEY

From the 28th March to the 25th October
Opening hours: We-Fr: 8.30am-1pm, 2.30-6pm (if raining 5pm); Sa-Sun: 9am-1pm, 2.30-5pm
6661 Auresio - 091 797 10 00
info@onsernone.ch - www.onsernone.ch

INFOPOINT BOSCO GURIN

All year-round | Every day | Opening hours: 9-11.30am, 13.30-17.30pm - Hotel Walsler
6685 Bosco Gurin - 091 759 02 02
info@hotel-boscogurin.ch
www.hotel-boscogurin.ch
Ask about renting the Monster Roller!

ORGANIZZAZIONE TURISTICA LAGO MAGGIORE E VALLI

Opening from the 23rd March to the 24th October | 0848 091 091 - info@ascona-locarno.com
www.ascona-locarno.com
Ascona Viale Papio 5
Opening hours: Mo-Fr: 9am-6pm; Sa: 10am-6pm; Sun: 10am-2pm
Brissago Via Leoncavallo 25
Opening hours: Mo-Fr: 9am-12pm, 2-6pm; Sa: 9am-12pm, also 2-6pm in Jul./Aug., closed in Oct.
Locarno Largo Zorzi 1
Opening hours: Mo-Fr: 9am-6pm; Sa: 10am-6pm; Sun: 10am-1.30pm, 2.30-5pm

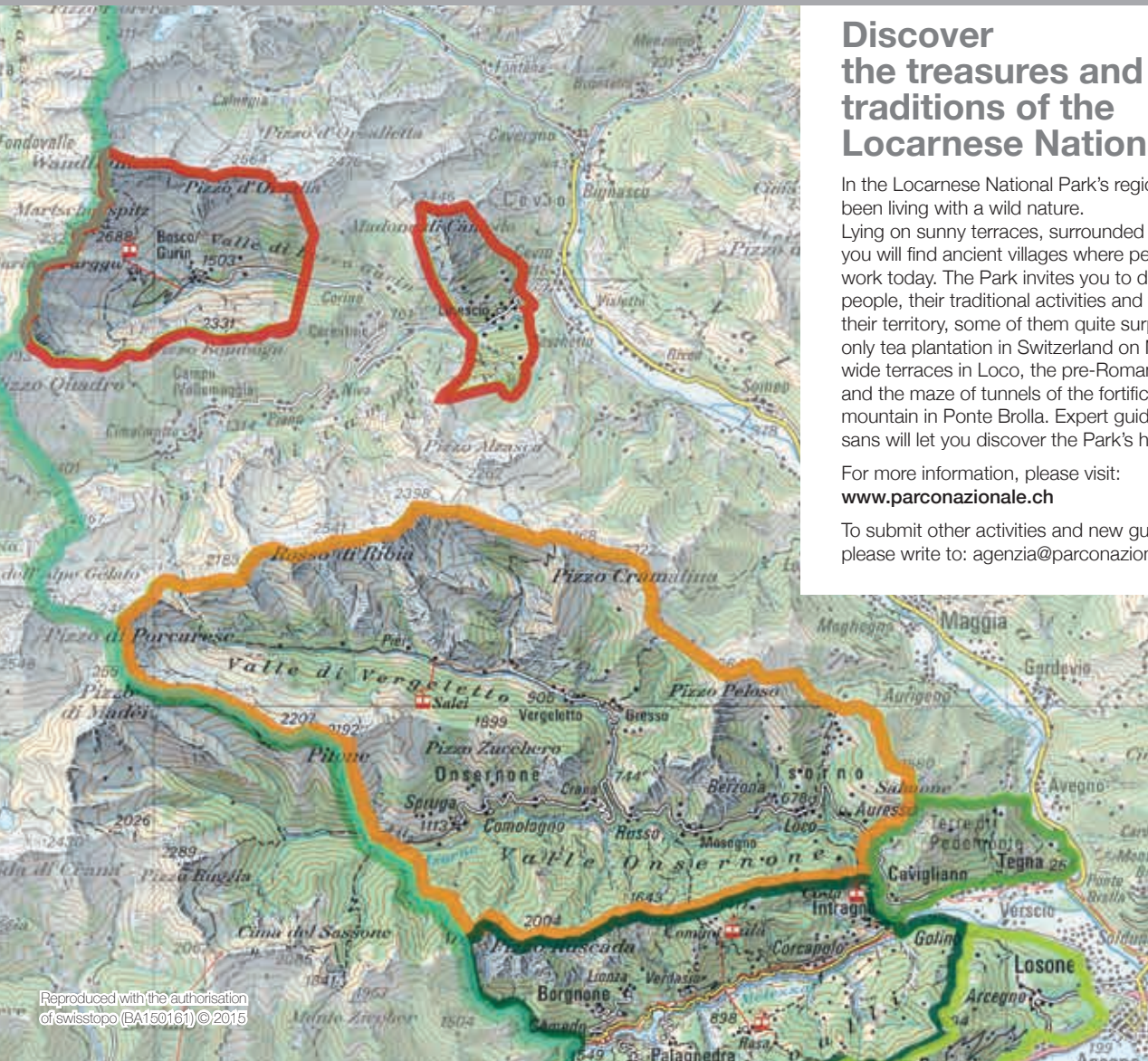
Locarnese National Park Project

CP 323 - 6600 Locarno
Tel 0840 840 777
info@parconazionale.ch
www.parcnazionale.ch

IMPRESSUM
Photo: Glaucio Cugini - Locarnese National Park
Project: Ticino Turismo: activities and tours' promoters
07.2015

Guided tours: history, culture and traditions





Discover the treasures and traditions of the Locarnese National Park

In the Locarnese National Park's region, man has always been living with a wild nature. Lying on sunny terraces, surrounded by thick forests, you will find ancient villages where people still live and work today. The Park invites you to discover these people, their traditional activities and the treasures of their territory, some of them quite surprising such as the only tea plantation in Switzerland on Monte Verità, the wide terraces in Loco, the pre-Roman energetic places and the maze of tunnels of the fortification hidden in the mountain in Ponte Brolla. Expert guides and local artisans will let you discover the Park's hidden treasures.

For more information, please visit: www.parconazionale.ch

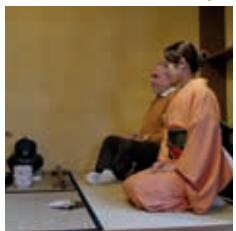
To submit other activities and new guided tours, please write to: agenzia@parconazionale.ch

Reproduced with the authorisation of swisstopo (BA150161) © 2015



Circolo delle Isole

TEA CEREMONY
1./3. Saturday of the month (May-October; 6-7.30pm) | 1./3. Saturday of the month (November-March; 5-6.30pm) | On demand for groups (min. 5 pers.), all year-round
The only tea plantation in Switzerland, on the Monte Verità.
Adults: 38.- p.p., students & children: 20.- p.p., groups: on demand | Max. nr. of participants: 15
Booking 2 days before | Casa del tè 6612 Ascona - 091 791 43 00 - 079 551 16 36 info@casa-del-te.ch - www.casa-del-te.ch



STUNNING LANDSCAPE AND FINE TASTING

On demand | All year-round
A tour of the vineyards and winery of Fabio Zanini's viticultural firm Giromit in Brissago, followed by local wine and grappa tasting.
30.- p.p., incl. tour & tasting | Min. & max. nr. of participants: 2-10 | Booking 2 days before
Azienda vitivinicola Giromit - 6614 Brissago 079 463 48 45 - fabiozaninivini@gmail.com



TICINO EXPERIENCE
Every day from the 20th March to the 31st October | Time: Mo-Thu: 6pm, Fr-Sun: 5pm
Enjoy the funny adventures of a chef looking for new flavors in Ticino, while tasting regional delicatessen!
Adults: 28.- p.p., children: 18.- p.p., groups: 23.- p.p. | Max. nr. of participants: 35 | Booking no later than the day of the activity | Albergo Losone - 6616 Losone - 091 785 70 00 - info@albergolosone.ch www.ticinoexperience.ch

BRISSAGO ISLANDS TOUR

Every Tuesday from the 5th May to the 25th August (11.30am-12.30pm) or on demand for groups (max. 25 pers.) from the 22nd March to the 25th October
Discover the botanical and tropical garden of the Brissago Islands among lake waters!
15.- p.p., groups: 130.- (9am-6pm), 165.- (> 6pm), incl. admission | Min. & max. nr. of participants: 5-25 | Booking no later than 5pm on Monday
Isole - 6614 Brissago - 091 791 43 61 info@isolebrissago.ch - www.isolebrissago.ch

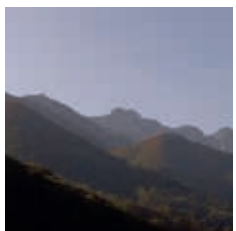


Terre di Pedemonte

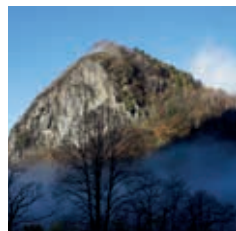
DISCOVERING EDIBLE HERBS
Every Tuesday or on demand from the 17th March to the 27th October | Time: 10am-2pm, in summer also 4-8pm
Discover Pedemonte's botanical characteristics and enjoy a snack in the chestnut woodland in Cavigliano.
Adults: 50.- p.p., children: 12.- p.p., groups: on demand, incl. lunch | Min. & max. nr. of participants: 3-12 | Booking no later than 6pm on Monday | Erica Bänziger - 6653 Verscio - 079 354 12 30 erica@biogans.ch - www.ericabanziger.ch



ART AND LIFE EXPERIENCE
Every Saturday or on demand for groups (min. 10 pers.), from the 5th April to the 31st October
Time: 2-3.30pm
The history of Monte Verità through buildings, characters, projects and utopias.
Adults: 18.- p.p., children < 16 years: free, groups: on demand | Min. nr. of participants: 1 | Booking isn't required | Fondazione Monte Verità 6612 Ascona - 091 785 40 40 info@monteverita.org - www.monteverita.org



ENERGETIC PLACES
On demand | All year-round | Duration: 2-6h
Choose which energetic places to visit in the Locarnese region: Ascona, Monte Verità and Balladrum, Arcegno, Terre di Pedemonte or Centovalli. Among erratic rocks, sacred hills and gorges!
The price and the nr. of participants are to be arranged | Claudio Andretta - 091 751 29 20 centrocuore@yahoo.com www.centrodelcuore.ch - www.monteverita.org



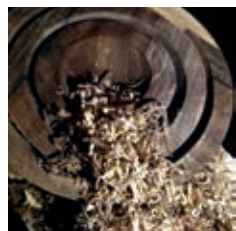
INSIDE THE MOUNTAIN!
On demand | All year-round | Duration: 1h30-2h
The Ponte Brolla mountain hides an amazing military fort. A maze from which it is impossible to get out without the most expert guide!
1-6 pers.: 50.- per tour, 7-25 pers.: 200.- per tour
Max. nr. of participants: 25 | Andreas Henke 091 796 16 30 - 079 681 20 81 andreas.henke@bluewin.ch



THE RIVER FLOODPLAIN MOSAIC
On demand, every Saturday and Sunday, or during the week for groups (min. 20 pers.), from the 4th April to the 31st October | Duration: max. 3h
Nature-based and artistic activities along the Melezza river accompanied by stories that will make you find out more about biodiversity.
Adults: 50.-/h p.p., children < 12 years: free, groups (> 8 pers.): 45.-/h p.p. | Min. & max. nr. of participants: 3-15 | Enzo Fuchs - 076 451 09 38 fuchsenzo@hotmail.com



WALKING AMONG BEES AND HONEY
On demand from the 1st April to the 31st October
Duration: approx. 1h30min.
Between Verscio and Cavigliano, close to Melezza River, visit an apiary and, with the proper equipment and an expert apiculturist, open a beehive.
50.- per tour | Max. nr. of participants: 6
Tino Previtali - 6653 Verscio - 091 796 19 04 tino@previtali.info



THE OLD TURNERY
Every Friday or on demand from the 1st March to the 31st October | Opening time: 1-5pm
The handicraft workshop "La Vecchia Torneria" in Cavigliano is dedicated to wood turning and sculpture and it is waiting to be discovered along with the artisan Roberto.
The guided tour is free | Max. nr. of participants: 10
Booking isn't required | Roberto Barboni 6654 Cavigliano - 079 963 12 48 aquila747@bluewin.ch - www.museolegno.ch



Centovalli

DISCOVERING INTRAGNA
Every Wednesday from the 28th March to the 30th November or on demand for groups (max. 60 pers.), all year-round | Time: 10.30am-12pm
From the historical centre to the Museum and the highest bell tower in Ticino!
Adults: 15.- p.p., children: 7.- p.p., groups: 90.-/h per guide | On demand, menu with products of the Park c/o Grotto Brunoni | Max. nr. of participants: 30 | Booking no later than 12.30pm on Tuesday
Infopoint Centovalli & Pedemonte - 091 780 75 00 centovalli.info@bluewin.ch - www.centovalli.net



EMIGRANT CHIMNEY SWEEPS
Every Wednesday from the 18th March to the 28th October | Time: 9am-2.30pm
From Intragna to Lionza and back, discover the history of the Centovalli and walk in the footsteps of chimney sweep emigrants.
Adults: 50.- p.p., children 6-16 years: 30.- p.p., children < 6 years: free, incl. tour and transfer by train | Min. & max. nr. of participants: 6-12
Booking no later than 6pm on Tuesday
Tatjana Brombach - 076 693 91 83 tatjana_brombach@hotmail.com



THE CENTOVALLI & PEDEMONTE MUSEUM
On demand from the 28th March to the 25th October | Duration: 1h
A tour for groups of the Centovalli and Pedemonte Museum in Intragna and its historical ethnographic collection, with the curator.
Adults: 3.- p.p., students: 1.- p.p. | Min. & max. nr. of participants: 10-25 | Centovalli and Pedemonte Museum - 6655 Intragna - 091 796 25 77 info@museocentovalli.ch - www.centovalli.net



HISTORICAL TRIP THROUGH CENTOVALLI
On demand from the 1st March to the 30th November | Duration: 4-6h
An historical-literary walk from Intragna to Calascio, discovering the Centovalli through the eyes of travel writer K. V. von Bonstetten.
Half-day (max. 4h): 220.-, 1 day (max. 8h): 340.-, every extra hour: 40.- | Min. & max. nr. of participants: 3-30 | Urs von der Krone - 079 405 87 49 uvdc@bluewin.ch - www.corona-sapere.ch

Agenda of the Park 2015

SA 30.05
Open Doors at Monte Verità and educational activities offered by the Park - Ascona with the Monte Verità Foundation

FR 19.06
Parks Market - Bern with the Swiss Parks Network

SU 21.06
Summer Solstice Party
Monadello - with Amici dello Strafuloo

SU 05.07
Let's climb the Park all together: from Brissago to Gresso by bike and e-bike - with the Municipality of Gresso, the Associazione Cramalina and the schools of Salite del VCO

SU 12.07
The National Park Candidates on a platter: an exclusive "Ticino Experience - The movie that can be eaten" at EXPO2015
Milan - with the Canton Ticino and Ticino Experience

SA 18.07
Fireworks
Brissago - with the Municipality of Brissago

SA 01.08
Opening of the Baths of Craveggia renovated thanks to the interreg project "Frontiera di acqua e pace", excursion and polenta - Baths of Craveggia and Comolengo - with the Municipality of Onsernone, the Municipality of Craveggia, the Patriziato di Comolengo and the Amici di Comolengo

SU 02.08
Concert of the festival "Musica in quota" - Monte Comino - with Pro Comino and the Associazione Musica in quota

SA 15.08
Verge-lento: the Slow Mobility Event - Vergeletto Valley - with the Municipality of Vergeletto, the Squadra di Vergeletto, the Associazione Cramalina and the Sci Club Onsernone

SU 30.08
Opening of the Playground for everybody
Parsifal, Monte Verità - with the Municipality and the Patriziato of Ascona, the Associazione Manifestazioni Ascona and the schools of Ascona, Brissago and Ronco s/Ascona.

SU 13.09
Mills Party / Bread & Wine
Loco and Intragna - with Onsernone Museum and Centovalli and Pedemonte Museum

SA 19.09
Matzufamm and market of local products and handicrafts
Bosco Gurin with the Museum Walserhaus

SU 11.10
TreTerre in Autumn - Terre di Pedemonte - with the Municipality of Terre di Pedemonte and local associations

The guided tours' dates and the Agenda of the Park are constantly updated, also for 2016, on the website:

www.parconazionale.ch

